

5 Elements That Drive Academic Success WEBINAR + WORKBOOK

MEET YOUR HOST

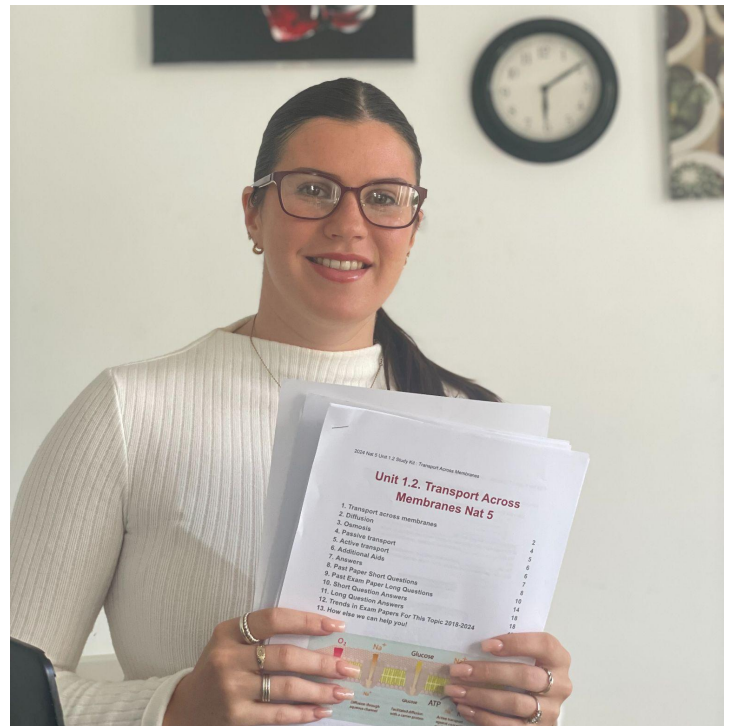
Hi, I'm Brodie, a Biology Tutor and Study Skills Coach who has helped hundreds of secondary school students improve their confidence, develop better study habits, and achieve stronger exam results.

Over the years, I've noticed that the students who make the biggest improvements aren't necessarily the ones who study the longest. They're the students who learn how to revise effectively, stay organised, and build systems that help them learn independently.

That's why I'm passionate about teaching students not just *what* to learn, but *how* to learn.

I created this webinar to help students realise the skills, habits, and strategies that make revision more effective, less stressful, and ultimately lead to better results across all of their subjects.

I'm excited to have you here and can't wait to see what new perspectives you gain!



BRODIE MACKIE

WHY I CREATED THIS WEBINAR

I created this webinar because after years of working with secondary school students, I kept seeing the same pattern.

Many students were working hard, putting in extra hours, and genuinely trying their best, yet they still weren't getting the results they hoped for. Not because they weren't capable, but because nobody had ever shown them how to study effectively.

Most students are taught what to learn, but very few are taught how to learn.

As a result, many spend hours revising without knowing whether their methods are actually helping, struggle to stay organised, and often feel frustrated when their effort doesn't seem to match their results.

This webinar was created to change that.

My goal is to help students understand the five key pillars that underpin successful studying and revision, identify the hidden gaps that may be holding them back, and give them practical strategies they can start using immediately.

More importantly, I want students to leave with the confidence that better grades don't simply come from working harder. They come from having the right systems, strategies, and habits in place. Gaining this new perspective is, hopefully, empowering and encouraging for students.

I hope this workbook helps your teen uncover the areas that will make the biggest difference to their studying and gives a clear starting point for building a study strategy that actually works.

INTRODUCTION TO THE WEBINAR

Welcome

This workbook is designed to be used alongside the webinar so you can actively practise some pattern recognition yourself, rather than just listening to information.

Instead of taking passive notes, you'll be reflecting on your own revision habits, identifying gaps in your current approach, and building a clearer system for what to do next.

How to use this workbook

As you go through each of the 5 pillars in the webinar, you'll complete one section at a time as we go through the pillars in real time.

For each pillar, you will:

- Understand what the pillar actually means
- Reflect on what you currently do
- Identify common mistakes you might be making
- Score yourself honestly from 0–10
- Recognise the impact this is having on your revision
- Identify one clear improvement you can make

There are no “perfect answers” here — the goal is awareness, not perfection.

Important note

Be honest with yourself when filling this in. This isn't about judging your ability — it's about identifying the small gaps that are quietly holding your progress back.

The clearer you are here, the easier it becomes to improve.

What you'll end up with

By the end of this workbook, you will have:

- A clear picture of your current study strategy
- A breakdown of your strengths and weak points
- The exact areas that are limiting your progress
- A starting point for improving your revision system

Most importantly, you'll stop guessing what's wrong and start seeing it clearly.

LETS GET STARTED

✍️ Name: _____

📅 17 Date: _____

The biggest thing that students are missing is a _____
_____.



Within the students' study strategy, we have 5 pillars on which it depends on.

Throughout the webinar we will go through all 5 pillars and talk about them, the common mistakes students make, the consequences and what we can do to improve on them.



PILLAR 1: _____

What does this pillar refer to?

What is one common mistake you currently make here?

Where would you rate yourself? (0–10) 0 = major struggle | 10 = fully confident

Score: _____ / 10

What is ONE thing you could start doing to improve here?

If you improved on this pillar, what would change in your revision, confidence, or results? What would the knock-on effect be across your studying overall?



PILLAR 2: _____

What does this pillar refer to?

What is one common mistake you currently make here?

Where would you rate yourself? (0–10) 0 = major struggle | 10 = fully confident

Score: _____ / 10

What is ONE thing you could start doing to improve here?

If you improved on this pillar, what would change in your revision, confidence, or results? What would the knock-on effect be across your studying overall?



PILLAR 3: _____

What does this pillar refer to?

What is one common mistake you currently make here?

Where would you rate yourself? (0–10) 0 = major struggle | 10 = fully confident

Score: _____ / 10

What is ONE thing you could start doing to improve here?

If you improved on this pillar, what would change in your revision, confidence, or results? What would the knock-on effect be across your studying overall?



PILLAR 4: _____

What does this pillar refer to?

What is one common mistake you currently make here?

Where would you rate yourself? (0–10) 0 = major struggle | 10 = fully confident

Score: _____ / 10

What is ONE thing you could start doing to improve here?

If you improved on this pillar, what would change in your revision, confidence, or results? What would the knock-on effect be across your studying overall?



PILLAR 5: _____

What does this pillar refer to?

What is one common mistake you currently make here?

Where would you rate yourself? (0–10) 0 = major struggle | 10 = fully confident

Score: _____ / 10

What is ONE thing you could start doing to improve here?

If you improved on this pillar, what would change in your revision, confidence, or results? What would the knock-on effect be across your studying overall?

Let's Review Your Results (After The Webinar)

What are your TOP 3 weakest pillars with their score?

1. _____ /10
2. _____ /10
3. _____ /10

What pattern do you notice across them?

(e.g. planning, consistency, methods, motivation etc.)

What is the REAL issue behind most of your struggles?

(eg not knowing how, motivation, discipline, lack of resources)

If you fixed just ONE pillar first, which would have the biggest impact?

What would improve in your grades or confidence if you fixed that?

What Happens Next?

If you've made it through this workbook properly, you'll probably have a much clearer picture of your study habits than you did at the start.

For many students, this is the first time they've actually seen their revision broken down into different areas like this and it often highlights a really important realisation:

It's not that you're not working hard. It's more so that your study strategy isn't fully working for you yet. You might already be aware of a few weak areas. Maybe it's planning, consistency, knowing how to revise effectively, or simply feeling like you're doing "a lot" but not seeing the results you expect.

And by the way, that's completely normal. Most students are never actually taught how to build these skills properly, they're expected to just figure it out along the way. Have a think, were you ever taught this in school?

🧠 So what now? You've now identified *what* needs to improve. The next step is learning *how* to actually fix it.

This is exactly what I cover

inside my signature

programme, **The Study**

Strategy Lab! ([READ MORE](#))

The

STUDY STRATEGY

LAB

